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Bi-Weekly Newsletter of Alamance Community College

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CALENDAR OF EVENTS

FEB. 26
Extreme Couponing Workshop
(See details on page 6)

MAR. 4 & 5
Test Anxiety Workshop,11:15 a.m.-12:15 p.m., Room 230

MAR. 6
Second 8-week Courses Begin for Tues/Thurs Classes

MAR. 13-15
Spring Break–No Classes
(See chart at right for make-up days during Spring Break)

ACC's 'Career & College Promise' Right Move for Burlington Homeschooler

Holden Welborn just turned 18 on February 22, but she is well on her way to studying nursing at East Carolina University this fall as a junior thanks to an accelerated academic program offered by ACC.

Alamance County homeschooler, Holden Welborn, is among hundreds of students earning multiple college credits while still in high school through ACC's Career and College Promise (CCP) program.

Chemistry is one of five classes high school student Holden Welborn is taking this semester, seen here with instructor Robert Kittenger.

As a participant in this program, Holden's typical school day this semester usually begins with an 8:00 a.m. class and runs, depending on the day, until close to three o'clock. The homeschooled 18-year-old is earning her high school diploma largely through self-study in her Burlington home after spending eight years as a homeschooled student; she went to Burlington Christian Academy through second grade and then her freshman and sophomore years were spent at Williams High School.

"All my classes now are at ACC, so that gives me a lot of flexibility," she says.

After more than half her day is spent on the college campus, Holden is free to swim at the Y before heading home to do homework. Many of her evenings are spent participating in Young Life, a Christian ministry geared toward teens, and spending time with friends from Williams High or her church.

Holden is also immersed this winter in scholarship applications to help finance the next step in her education. This fall she'll enter East Carolina University Honors College to study nursing.

See **WELBORN** on page 2

Make-up Class Schedule During Spring Break

Recently the College experienced adverse winter weather that resulted in the cancellation of several instructional periods. These classes will be made up during spring break week according to the following schedule:

MAKE-UP DAY	CLASSES MISSED
Monday, March 10	Wednesday day classes
Tuesday, March 11	Thursday day classes
	Tuesday evening classes
Wednesday, March 12	Wednesday day classes (those held after 12 noon)
	Wednesday evening classes

This is a publication of the Alamance Community College Public Information and Marketing Office. Read it on the web–**www.alamancecc.edu**, then click *Campus ACCess* under the News heading.

STUDENT CLUB EVENTS

JOIN MUSIC AND DANCE CLUB

Membership for the Music and Dance Club is open to all ACC students, faculty, staff or alumni.

NEXT MEETINGS: Friday, March 7 and 21, 12:05-12:35 p.m.

WHERE: Room 230, Student Center

FOR MORE INFO: Contact a club officer or advisor Lori Heiger, office B317 (506-4235).

CREATIVE WRITING CLUB

MEETINGS: 2nd Monday of each month, 12:15 p.m. & 4th Thursday, 2 p.m. in B200.

Meetings are informal. Interested students should bring an original piece of writing to share and receive feedback from the group–or just come and listen, no pressure to share work. All genres are welcomed: fiction, poetry, drama, song lyrics, etc.

PTK WANTS STUDENTS

PHI THETA KAPPA'S NEXT MEETING: Friday, March 7, 12:15 p.m.

WHERE: Room 230, Student Center

WHO: Eligible students must have completed more than 12 credit hours and have a GPA of at least 3.5.

CONTACT FACULTY ADVISORS: Laura.Kassler@alamancecc.edu or Melinda.Holland@alamancecc.edu) for more information.

SIGMA PSI MEETINGS

Interested in sociology or psychology? Join Sigma Psi (ACC's psychology/sociology club).

WHEN: First and third Wednesday each month, 12:15 p.m.

WHERE: Room 230, Student Activities Center

JOIN ROTARACT CLUB

Are you a student interested in opportunities to network with businesses in the community? Consider joining Rotaract, an organization focused on "Service Above Self."

CONTACT: Sheri Crofts at sherill.crofts@alamancecc.edu for more information.

WELBORN from page 1

Because ACC gave her the opportunity to earn 64 credit hours through the Career & College Promise program, Holden plans to begin her nursing studies in Greenville much sooner than she would have been able to as a traditional incoming freshman.

The state-funded Career and College Promise program replaced dual enrollment and Huskins classes at North Carolina community colleges in early 2012. The program combined several statewide efforts to allow high school students to take community college courses for free. But the program added some new requirements, mainly that students must choose a specific pathway and keep a satisfactory grade point average. Tuition is waived by the state and students are responsible only for textbook costs.

At Alamance Community College, three options are available: Core 44 College Transfer Pathways (Humanities and Social Science, Business and Economics, or Engineering and Math); Cooperative Innovative High School Pathway (for students attending Alamance-Burlington Middle College); and Career and Technical Education Pathways (leading to a certificate in a technical area).

Holden selected the 34-credit Humanities and Social Sciences pathway because her career plans include majoring in nursing at East Carolina. Once she completed those 34 hours, she was eligible to take additional courses that ACC offered.

Two years after she began Career and College Promise, this summer Holden will earn her high school diploma from her homeschool and an Associate in Arts degree from ACC with a total of 64 credit hours, all of which will transfer to East Carolina this fall.

In her final semester at ACC, Holden is taking five courses: anatomy, chemistry, sociology, psychology, and statistics. While it certainly sounds rigorous, Holden—who has a 4.0 GPA—is nonplussed about her studies, pointing out that she has always been studious. She believes that being a homeschooled student for most of her life has been an advantage.

"You do have to be disciplined for homeschooling because you're not in a classroom where the teachers are there to remind you of assignments," she says. "A lot of my homeschooling now is just me following a text. But I think a lot of people have misconceptions about it. I spend time with my friends who are not all homeschooled. I've attended and volunteered at Young Life camps in Colorado, Florida, Virginia and North Carolina."

Still, Holden must stay organized in order to tackle the classes she has.

"When I was at Williams, I had four back-to-back classes five days a week," says Holden. "Homeschooling allows me to set my own schedule. And at ACC I've got the option to choose classes that work with my schedule... The instructors provide a learning environment, but it's my job to take it and run with it."

Holden is also used to being in ACC classes with students older than her—age 20 and up.

"I really like the variety of ages in class, and I've liked getting to know people here and where they are from," she says. "Being around them has matured me, I think. Once I get out of college and am working in a job, I'll be around people of all ages so I think it's an advantage to getting to know them here in classes at ACC."

Holden says Career and College Promise may not be for every student, but it's more possible than many believe: "I know it was the right thing for me to pursue because I've always been a self-starter and a motivated student. ACC has been very good for me and has allowed me to get ahead on my college education."

AFRICAN-AMERICAN FIRSTS

In celebration of February as Black History Month, here is a selected timeline of the role of African Americans' role in the history of the United States:

- In 1967, Carl Stokes became mayor of Cleveland, Ohio, making him the first black mayor of a major U.S. city. Tom Bradley became the first black mayor of Los Angeles in 1973, and David Dinkins became the first black mayor of New York City in 1989.
- First patent holder: Thomas L. Jennings, 1821, for a dry-cleaning process. Sarah E. Goode, 1885, became the first African-American woman to receive a patent, for a bed that folded up into a cabinet.
- First Congressional Medal of Honor winner: Sgt. William H. Carney for bravery during the Civil War. He received his Congressional Medal of Honor in 1900.
- Marian Anderson, a gifted contralto singer, became the first African-American to perform with the New York Metropolitan Opera in 1955.
- Arthur Ashe became the first African-American to win the U.S. Open in 1968, the first African-American Wimbeldon champion in 1975, and the first black U.S. citizen to be inducted into the International Tennis Hall of Fame in 1985.
- Syracuse University football star Ernie Davis was the first African-American to win the Heisman Trophy. He was the first African-American athlete to be the No.1 pick in the NFL draft in 1961.

ACC student success

Amy Eddings

ACC alumna Amy Eddings is about to celebrate her third year working for Duke University's Biology Department as an Assistant Horticulturist. There, she takes care of research crops in the university's greenhouse and growth chamber facility known as the Duke Phytotron. Amy is deeply involved in developing a non-chemical approach to pest control and her Integrated Pest Management (IPM) protocols have reduced chemical spraying by more than half at the university.

"I have inadvertently become the go-to person for researchers wanting to decrease their chemical use in pest management," she says. "I am currently working with one of the biggest research labs in RTP, helping them to implement the use of beneficial mites and nematodes to control the most common pest issues."

It's a long way from the young woman who earned her GED at Alamance Community College and subsequent associate's degree in Horticulture Technology. Her motivation for success was personal.

"I wanted to show my daughter that it's important to seek out opportunities that you may otherwise never have," she says.

After Amy earned her GED diploma, she saw how the economy had soured and job opportunities were hard to come by. She knew she needed a degree. As a lover of the outdoors, she decided to enroll in Horticulture Technology in 2007 to learn a career that would involve caring for the earth. Her dedication and high grades led to her being named one of ACC's two Academic Excellence recipients in 2009.

While studying at ACC, Amy immersed herself in numerous community service projects through the Horticulture program. She installed plants and tended gardens at the Sword of Peace in Snow Camp, the N.C. State Zoo in Asheboro, and at a retirement center in Carrboro. She also competed in events and participated in seminars during the Horticulture program's field trip to the Professional Landcare Network (PLANET) Student Career Days.

Says Amy: "The Horticulture program gave me a lifetime of resources and knowledge to keep me at the top of the game in the horticultural world. I could go on and on about what a great mentor [Department Head] Justin Snyder is and how he always makes time to assist his students in bettering their future."

After graduating from ACC, Amy worked at a nursery for more than a year until her former instructor Snyder informed her that Duke's Biology Department was seeking applicants for an assistant horticulturalist. Amy updated her resume with Duke University's Human Resources Department and soon landed an interview. She got the job and hasn't looked back since.

In her three years at Duke, Amy has proven that being a self-starter can make the difference in her career as she moved from caring for researcher's plants to working with them on the pest control issue. She continues to educate herself on biological control issues using resources available to her through Duke University's research findings, highly credited entomologists, and directives from beneficial suppliers. She hopes to perform compatibility trials in the near future to determine how certain chemicals affect the beneficial insects used in pest control.

Says Amy: "Life doesn't always fall in your lap; you have to make your own way and stay motivated to reach your goals. I stuck to my schedule to earn a degree that would get me the career I needed to be successful."

GET THE 411

UNIVERSITY REPS ON CAMPUS

Come talk to admissions representatives when they visit the ACC campus:

NC A&T State University
Tuesdays, March 4 & 18
10 a.m.-1 p.m.
outside bookstore

NC A&T School of Technology
Monday, March 10
10:30 a.m.-1 p.m.
outside bookstore

OFFICE OF CAREER SERVICES & COUNSELING

The Office of Career Services & Counseling (G131) is pleased to offer individual appointments with students for the following:

- Career Exploration
- Resume Writing
- Interviewing Skills

Please call 506-4146 to schedule an appointment.

ACADEMIC ADVISING CENTER

The Academic Advising Center is located near the lower commons in the main building. Hours are:

Mon., 8 a.m.-7 p.m.
Tues.-Thurs., 8 a.m.-5 p.m.
Fri., 8 a.m.-3 p.m.

Appointments preferred; call Virginia Jeffries at 506-4362.

The Friends of the Alamance County Public Libraries

SPRING BOOK SALE MARCH 21-31

May Memorial Library
Friends of the Library Book Store
342. S. Spring St.
Downtown Burlington
(use Davis Street entrance)

- paperbacks–$1.50
- hardbacks–$3
- children's books–less
- antique books, audio books, CDs, DVDs and VHS tapes for sale

For more information visit: www.alamancefol.org/services.html

campus events

Spring 2014 Career Clinics

WHAT: Resume 101

WHERE: Student Center, Room 230

WHEN: Tuesday, Feb. 25, 11:15 a.m.-12 noon; or 5:15-6 p.m.; Wednesday, Feb. 26, 11:15 a.m.-noon

WHAT: Speed Interviewing

WHERE: Academic Advising Center

WHEN: Thursday, March 20, by appointment 9 a.m.-4 p.m.

Student Financial Planning Workshop: *Extreme Couponing–How to save money using coupons*

WHEN/WHERE: Wednesday, Feb. 26–12:30-2:30 p.m., G233; 5-7 p.m., G234

BEST BET: Participating students are eligible to win a $25 gas card at each session and will be registered to win a grand prize $100 ACC Bookstore gift card. Extra Credit passes will be available.

HOW TO REGISTER: Students must contact ACC's Financial Aid Office, 336-506-4340 or financialaid@alamancecc.edu to reserve a spot at these FREE workshops.

Sponsored by the Office of Financial Aid.

Women's History Month: Women in the Workplace

In celebration of March as Women's History Month, Student Development has scheduled a discussion free to all students.

WHAT: A Discussion of Women in the Workplace

WHEN: Wednesday, March 19, 11:15 a.m.-12:15 p.m.

WHERE: Room 230, Student Center

TOPICS TO BE DISCUSSED INCLUDE: How to negotiate a salary; the importance of self-care; and how to establish and maintain a good work/life balance.

The discussion should be particularly helpful for students who are entering the workforce for the first time or re-entering the workforce after time away. Guided discussion will comprise most of the presentation; staff members will provide additional information pertinent to these topics. Students are encouraged to ask questions, share stories, concerns, and tips.

BOY SCOUTS OF AMERICA®

ACC to Welcome Scouts for Merit Badge Event

The 4th annual Boy Scouts of America Merit Badge University is scheduled for Saturday, March 1, on the campus of Alamance Community College, 8 a.m.-4 p.m.

Coordinated by ACC automotive instructor Jerry Yeatts, more than 200 Boy Scouts are expected to attend the events to earn merit badges through the auspices of classes taught by volunteer ACC faculty. This year 25 badges will be offered.

'Liberty in North Korea' Speakers on March 19

WHAT: Liberty in North Korea

WHEN: Wednesday, March 19, 12:30 p.m.

WHERE: ACC's Patterson Auditorium

Members of the national organization, Liberty in North Korea (LiNK), will speak at ACC and exhibit a short video about the plight of freedom in North Korea, where today 24 million people reportedly face the most repressive regime in the world, a fact recently confirmed by a United Nations report. LiNK helps to rescue North Korean refugees, often through a modern underground railroad, and provides resettlement assistance.

The presentation is free to all students and employees.

For more information, go to www.libertyinnorthkorea.org

Co-sponsored by English instructor Olivia Stogner, ACC's Diversity Committee and International Friendship Club.

NEWS FROM

FINANCIAL AID

APPLY FOR SCHOLARSHIPS

Carolinas Food Industry Council–$2,500 scholarships. Apply online: www.cficweb.org/wp-content/uploads/2012/09/College-Student-2014-Application.pdf

Sweet & Simple $1,500 Scholarship–250-word essay response to question is required. Deadline: Feb. 28. Apply online: scholarshipexperts.clickmeter.com/simple/

NC Retail Merchants Association–$2,500 scholarships. Apply online: www.ncrma.org

NEWS ABOUT

EMPLOYEES

SERVICE AWARDS

Two employees received service pins at the February faculty/staff meeting for their years of service to the College.

Jamie Lord–10 years
Instructor, Nursing

Arlene Petrea–25 years
Coordinator, ESL

ACC Instructor to Receive Alumnus Award

Rodney Ellis

Rodney Ellis, an instructor in ACC's Criminal Justice program, will receive the Alumnus Award for Excellence in Education from the Department of Criminal Justice at North Carolina Central University. The award will be presented at the Tenth Annual Alumni Recognition and Scholarship Banquet on March 29 in Durham.

Ellis, who earned his bachelor's and master's degrees in criminal justice from N.C. Central University, has taught at ACC since 2003. Previous employment included two years as a correctional officer and four years as a parole officer with the N.C. Department of Corrections. He was also a special education teacher during the 2000-01 year at Riverside High School in Durham. From 2001-03, he worked as an instructor, recruiter and advisor in the Huskins criminal justice program at Piedmont Community College in Roxboro.

ACC Employees: Access Pay Stubs via WebAdvisor

ACC faculty and staff can now find their direct deposit receipts via WebAdvisor (http://webadvisor.alamancecc.edu). Here's how:

- Login to WebAdvisor
- Click the purple "Employees" tab
- Click the "Pay Advice-Direct Deposit" link
- Click on the link to the month they would like to view

For those who do not regularly login to Webadvisor, go to "Forgot your password?" link on WebAdvisor's front page. This will take them to a screen where they can setup or reset their password. Once this is done, they can proceed to WebAdvisor and login.

Direct deposit receipts will no longer be distributed in mailboxes, according to ACC's Human Resources Office. The move was initiated to save costs and give employees access at their convenience, including records going back a full year. It also allows them to print extra copies for tax purposes.

This new process was a joint effort between the Business Office and Information Services, with special thanks to Barbara Thornton, Assistant Controller; and Shannon Newlin, System Administrator.

1960s Civil Rights Veteran Speaks for Black History Month

Civil rights veteran Lewis Brandon III was the speaker for the Black History Month presentation.

ACC's Diversity Committee welcomed a veteran of North Carolina's early civil rights movement as a guest speaker for Black History Month.

Guest Speaker Lewis Brandon III is an educator and NC A&T State University graduate, who worked as a student organizer during the early 1960s Greensboro "sit-in" movement. Using photos that depicted the 1960-63 movement in which he actively participated, Brandon gave a "you were there" recollection of his experiences as a protestor at Greensboro's Woolworth's department store, movie theaters, and other venues.

Brandon, who met Dr. Martin Luther King Jr. when he spoke at Greensboro's Bennett College in 1958, is still involved in community activism. In 1990, he joined the Beloved Community Center in Greensboro which is dedicated to furthering equality. Still actively involved in community activism today, Brandon is a recipient of the Human Rights Medal from NC A&T State University and a Sit-In Participant Award from the International Civil Rights Center and Museum.

ACCF
ALAMANCE COMMUNITY COLLEGE
FOUNDATION

NEWS FROM

ACC ALUMNI

Did you know ACC's roster of Distinguished Alumni includes:

- IBM Vice President and IT engineer for the Nagano and Sydney Olympics
- Nationally recognized investment banker
- HR Director for City of Burlington
- Founder of the ACC Dental Assisting Program
- Three successful entrepreneur business owners
- Caswell County Sheriff
- Nurse/patient relations specialist for ARMC
- Alamance County Airport Authority Manager
- NC Senior Deputy Commissioner of Insurance
- Executive VP of a NC Community College
- Alamance County Commissioner
- Virtual Design & Construction Manager
- Chief Information Officer at ARMC

Do you know someone to add to this impressive list?

Nominations are being accepted now for the ACC 2014 Distinguished Alumnus/a. Contact Natalie Miles in the ACC Foundation Office for more information or to submit a nomination.

campus life

Pillows with a Purpose

Twenty-five students in ACC's ABLE (Adult Basic and Literacy Education) class at the Dillingham Center performed a service project for the Alamance Regional Medical Center "Same Day Surgery" unit. Using donated materials, the class cut and helped sew more than 60 pillows to be used by patients recovering from surgery on their arms, shoulders, and bellies. Said Melissa Machia, ARMC coordinator: "The patients really appreciate the pillows and have used them more than we expected to ease discomfort following surgery." Emily Kirkley, ABLE instructor, said projects like this give the students a chance to immerse within the community and perform a public service, as well as learn math and coordination skills.

Leadership Alamance toured...

the ACC's Biotechnology department and met with President Dr. Algie Gatewood (right), who spoke about the strengths of the institution. Leadership Alamance is a nine-month program that educates current and emerging leaders about Alamance County—its infrastructure, resources and challenges. The trip to ACC was one of the group's monthly field days.

Students Win Lunch with ACC President

At the conclusion of the Martin Luther King Jr. Observance in January, the Diversity Committee drew five names as winners for a group luncheon with Dr. Gatewood, which took place on Feb. 17. Seen above (from left) with Dr. Gatewood are Noah Read, Darkema Freeman, Dorothy Alexander, Jael Karina, and Jennifer Long.

Tech Tour

Democratic Congressman David Price (4th District NC) met with ACC President Dr. Algie Gatewood about the needs in higher education recently. Afterward, Price toured several technology areas on the Graham campus, including Automotive Systems (below left, with Dept. Head Marc Hunter) and Biotechnology (below right) with Dept. Head Bill Woodruff).